

Hello Everyone in NIA 20...

I was asked to write an article regarding recovery. Everyone in Area 20 can write an article regarding recovery. If you are reading this I bet that you are recovering. Please consider submitting an article to Concepts. Even if it is just one paragraph.

So, my favorite step is Step 7.

But to get there I work steps 1 through 6. I find out in Step 1 that my life is not as I would like it to be (happy, joyous and free). In Step 2 I find out that there is Someone who will help me to get back to my good, orderly life and in Step 3 I align my will to that Higher Power's will. (Whatever, whoever you consider that Power to be, (and I'm not going into that), but I just know that there is a Helper that can and will help me.) How I do that is I trust... trust that the power is going to guide me. I next look at Step 4 to find out what character defect is ruling my life at the moment. Let's say it is fear. Under that fear is usually. What if I don't measure up or I look foolish? What if you don't like me? I dig deep to figure out what is going wrong in my thinking. I confess that aloud to myself and Whoever in my life. Next in Step 6 I question myself. Do I want to hang on to this? Do I want to feel miserable and full of self-pity? Hopefully NOT! So my answer in Step 6 is, let's get rid of this feeling of fear.... I then go to Step 7 and Humbly Ask to have the fear removed and to replace the fear with something positive. (I let my HP decide what

the positive is going to be.) Then in my imagination I put the fear into a room and close the door. After a while I will try to open the door. (Imaginary door.) I see if I can refeel the pain. Usually I can't get the door to open. I then truly know that I have successfully worked the first 7 Steps. I have given the fear, or anger or resentment to my God and He has taken it from me. I don't keep going back to see if I can feel the feelings again and again. Sometimes I do all of this mentally, but if the problem is severe, I write out the process that I just described above. This works for me.

We are so lucky to have been given these tools. We have beat the odds and recovered from a hopeless state. I hope that I never take the Steps for granted. They have saved my life.

What is your favorite step?

Respectfully submitted. Marilyn F. - Alternate Delegate – (who is very grateful to serve)



Concepts is published quarterly by the Northern Illinois Area of Alcoholics Anonymous. It is intended as a form of communication between Northern IL Area, Districts, and GSRs. Subscription is free but generally limited to A.A. members within the NIA geographical area.

All publication costs are paid by A.A. members through their contributions to NIA.

Opinions expressed herein are those of the authors and do not necessarily reflect the thinking of Alcoholics Anonymous, NIA or the Editor.

Comments, suggestions, subscription requests, and experience, strength and hope, should be directed to the editor: Concepts@aa-nia.org

All A.A. members are encouraged to see Concepts on-line at: http://www.aa-nia.org

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# **Editor's Corner**

HELLO LADIES AND GENTLEMEN SO THIS ISSUE IS ALL ABOUT THE HISTORY OF AA. THE FLYER FOR THE NATIONAL AA ARCHIVE CONFERENCE WAS ONE OF TWO SUBMISSIONS I HAD THIS MONTH. SO I BASED THE ISSUE ON THAT. I FOUND A TIME LINE ON SILKWORTH.COM THAT WAS VERY INTERESTING. THERE IS SOMETHING IN THERE FOR EVERYONE. BILL'S SOBRIETY DATE IS IN THERE, AMONG LOIS'S TRIALS. FOR FURTHER INFORMATION SEE THE TIME LINE ON SILKWORTH.COM.

ONLY MARILYN SUBMITTED SOMETHING THIS MONTH. I HAD TO COMPLETE CONCEPTS BEFORE THE DUE DATE I HAD TOLD EVERYONE. SO THE FAULT THERE ARE NO SUBMISSIONS FROM OUR OFFICERS AND COMMITTEE MEMBERS IS PARTIALLY MINE. OF COURSE, PEOPLE COULD SUBMIT BEFORE THE DUE DATE. I FIND MOST ALCOHOLICS ARE NOT INCLINED TO DO SOMETHING EARLIER THAN IT IS REQUIRED.  $\bigcirc$ THE NEXT DUE DATE FOR SUBMISSION TO CONCEPTS NOVEMBER 10. I WOULD APPRECIATE EARLIER SUBMISSIONS SO I CAN PLAN THE ISSUE. IT WOULD BE NICE TO HEAR WHAT THE FELLOWSHIP WOULD LIKE TO SEE IN THIS NEWSLETTER. I BASE THE THEME FOR CONCEPTS ON THE SUBMISSIONS. THE NEXT ISSUE WILL BE MY LAST. IT HAS BEEN A PLEASURE SERVING AS CONCEPTS EDITOR. I HAVE ENJOYED THIS POSITION A LOT. THANK YOU.

> THANK YOU FOR LETTING ME BE OF SERVICE. HEATHER S. CONCEPTS EDITOR

DUE DATE FOR SUBMISSIONS FOR WINTER ISSUE: NOVEMBER 10

### Bill W.'s letter to Dr. Carl Gustav Jung

(Swiss psychologist & psychiatrist -Jan 23, 1961) A reference is made on page 26 & 27 of the Big Book.

My dear Dr. Jung:

This letter of great appreciation has been very long overdue. May I first introduce myself as Bill W., a co-founder of the Society of Alcoholics Anonymous. Though you have surely heard of us, I doubt if you are aware that a certain conversation you once had with one of your patients, a Mr. Rowland H., back in the early 1930's, did play a critical role in the founding of our Fellowship.

Though Rowland H. has long since passed away, the recollections of his remarkable experience while under treatment by you has definitely become part of AA history. Our remembrance of Rowland H.'s statements about his experience with you is as follows:

Having exhausted other means of recovery from his alcoholism, it was about 1931 that he became your patient. I believe he remained under your care for perhaps a year. His admiration for you was boundless, and he left you with a feeling of much confidence.

To his great constemption, he soon relapsed into intoxication. Certain that you were his "court of last resort," he again returned to your care. Then followed the conversation between you that was to become the first link in the chain of events that led to the founding of Alcoholics Anonymous.

My recollection of his account of that conversation is this: First of all, you frankly told him of his hopelessness, so far as any further medical or psychiatric treatment might be concerned. This candid and humble statement of yours was beyond doubt the first foundation stone upon which our Society has since been built.

Coming from you, one he so trusted and admired, the impact upon him was immense. When he then asked you if there was any other hope, you told him that there might be, provided he could become the subject of a spiritual or religious experience - in short, a genuine conversion. You pointed out how such an experience, if brought about, might remotivate him when nothing else could. But you did caution, though, that while such experiences had sometimes brought recovery to alcoholics, they were, nevertheless, comparatively rare. You recommended that he place himself in a religious atmosphere and hope for the best. This I believe was the substance of your advice.

Shortly thereafter, Mr. Rowland H. joined the Oxford Groups, an evangelical movement then at the height of its success in Europe, and one with which you are doubtless familiar. You will remember their large emphasis upon the principles of self-survey, confession, restitution, and the giving of oneself in service to others. They strongly stressed meditation and prayer. In these surroundings, Rowland H. did find a conversion experience that released him for the time being from his compulsion to drink. Returning to New York, he became very active with the "O.G." here, then led by an Episcopal clergyman, Dr. Samuel Shoemaker. Dr. Shoemaker had been one of the founders of that movement, and his was a powerful personality that carried immense sincerity and conviction.

At this time (1932-34) the Oxford Groups had already sobered a number of alcoholics, and Rowland, feeling that he could especially identify with these sufferers, addressed himself to the help of still others. One of these chanced to be an old schoolmate of mine, Edwin T. ("Ebby"). He had been threatened with commitment to an institution, but Mr. H. and another ex-alcoholic "O.G." member procured his parole and helped to bring about his sobriety.

Meanwhile, I had run the course of alcoholism and was threatened with commitment myself. Fortunately I had fallen under the care of a physician – a Dr. William D. Silkworth – who was wonderfully capable of understanding alcoholics. But just as you had given up on Rowland, so had he given me up. It was his theory that alcoholism had two components – an obsession that compelled the sufferer to drink against his will and interest, and some sort of metabolism difficulty which he then called an allergy. The alcoholic's compulsion guaranteed that the alcoholic's drinking would go on, and the allergy made sure that the sufferer would finally deteriorate, go insane, or die. Though I had been one of the few he had thought it possible to help, he was finally obliged to tell me of my hopelessness; I, too, would have to be locked up. To me, this was a shattering blow. Just as Rowland had been made ready for his conversion experience by you, so had my wonderful friend, Dr. Silkworth, prepared me.

Hearing of my plight, my friend Edwin T. came to see me at my home where I was drinking. By then, it was November 1934. I had long marked my friend Edwin for a hopeless case. Yet there he was in a very evident state of "release" which could by no means accounted for by his mere association for a very short time with the Oxford Groups. Yet this obvious state of release, as distinguished from the usual depression, was tremendously convincing. Because he was a kindred sufferer, he could unquestionably communicate with me at great depth. I knew at once I must find an experience like his, or die.

Again I returned to Dr. Silkworth's care where I could be once more sobered and so gain a clearer view of my friend's experience of release, and of Rowland H.'s approach to him.

Clear once more of alcohol, I found myself terribly depressed. This seemed to be caused by my inability to gain the slightest faith. Edwin T. again visited me and repeated the simple Oxford Groups' formulas. Soon after he left me I became even more depressed. In utter despair I cried out, "If there be a God, will He show Himself." There immediately came to me an illumination of enormous impact and dimension, something which I have since tried to describe in the book "Alcoholics Anonymous" and in "AA Comes of Age", basic texts which I am sending you.

My release from the alcohol obsession was immediate. At once I knew I was a free man. Shortly following my experience, my friend Edwin came to the hospital, bringing me a copy of William James' "Varieties of Religious Experience". This book gave me the realization that most conversion experiences, whatever their variety, do have a common denominator of ego collapse at depth. The individual faces an impossible dilemma. In my case the dilemma had been created by my compulsive drinking and the deep feeling of hopelessness had been vastly deepened by my doctor. It was deepened still more by my alcoholic friend when he acquainted me with your verdict of hopelessness respecting Rowland H.

In the wake of my spiritual experience there came a vision of a society of alcoholics, each identifying with and transmitting his experience to the next - chain style. If each sufferer were to carry the news of the scientific hopelessness of alcoholism to each new prospect, he might be able to lay every newcomer wide open to a transforming spiritual experience. This concept proved to be the foundation of such success as Alcoholics Anonymous has since achieved. This has made conversion experiences - nearly every variety reported by James - available on an almost wholesale basis. Our sustained recoveries over the last quarter century number about 300,000. In America and through the world there are today 8,000 AA groups.

So to you, to Dr. Shoemaker of the Oxford Groups, to William James, and to my own physician, Dr. Silkworth, we of AA owe this tremendous benefaction. As you will now clearly see, This astonishing chain of events actually started long ago in your consulting room, and it was directly founded upon your own humility and deep perception.

Very many thoughtful AAs are students of your writings. Because of your conviction that man is something more than intellect, emotion, and two dollars worth of chemicals, you have especially endeared yourself to us.

How our Society grew, developed its Traditions for unity, and structured its functioning will be seen in the texts and pamphlet material that I am sending you.

You will also be interested to learn that in addition to the "spiritual experience, "many AAs report a great variety of psychic phenomena, the cumulative weight of which is very considerable. Other members have - following their recovery in AA - been much helped by your practitioners. A few have been intrigued by the "I Ching" and your remarkable introduction to that work.

Please be certain that your place in the affection, and in the history of the Fellowship, is like no other.

Gratefully yours, William G. W. Co-founder Alcoholics Anonymous

If an alcoholic says something in the forest and there's no al-anon there to hear him, is he still wrong? © "Thoroughly have we seen a person fail who has rarely followed our path"

Page5

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# 1940 AA Preamble Alcoholics Anonymous

We are gathered here because we are faced with the fact that we are powerless over alcohol and unable to do anything about it without the help of a Power greater than ourselves.

We feel that each person's religious views, if any, are his own affair. The simple purpose of the program of Alcoholics Anonymous is to show what may be done to enlist the aid of a Power greater than ourselves regardless of what our individual conception of that Power may be.

In order to form a habit of depending upon and referring all we do to that Power, we must at first apply ourselves with some diligence. By often repeating these acts, they become habitual and the help rendered becomes natural to us.

We have all come to know that as alcoholics we are suffering from a serious illness for which medicine has no cure.



Welcome to the 22 <sup>nd</sup> National AA Archives Workshop September 28, 29, and 30 <sup>th</sup>	
2018 USA & Canada — Chicago Archives – Area 19	
aanationalarchivesworkshop.com	
Principals before Personalities	
Handle with care	
The Westin Hotel Lombard Yorktown Center (Chicago) 70 Yorktown Center Lombard IL 630-719-8000 toll free 888-627-9031 Hotel offers free transportation on METRA trains to downtown Chicago making it easy to visit the city and enjoy all it has to offer.	
\$129/ night Traditional queen-queen room. Use code Naaww2018. Rates apply from 9/27- 9/30. Pre-post reduced workshop rates available contact the hotel.	
Dr Bob: a special focus on his early years in Chicago and his connection to New York and Akron, Ohio	
Society of American Archivists: presentation & literature	
Ongoing oral history project: come hear long-timers tell their stories from the many districts in IL	
Hospitality Suite will feature light breakfasts and lunches plus snacks and desserts with coffee served all day starts Thursday. Contact Rosemary @ chicagoarchives1939 or call 708-403-0840	
Registration (send in with payment)	
40.00 registration	
50.00 banquet (Saturday night)	
If you're a long-timer (40 years or more) and would like to participate in the oral nistory taping, a copy of your story will be given to you to bring home (this is a first come first serve basis (ck box) your sober date	
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Phone #:	PO Box 592 Arlington Heights IL 60006
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## AA TIMELINE FROM SILKWORTH.COM

1870 BILL'S PARENTS GILMAN & EMILY GRIFFITH WILSON BORN

1878 JUNE 4TH -DR. FRANK N. D. BUCHMAN BORN

1879 August 8th -Dr. Bob born

1888 SUMMER -DR. BOB'S 1ST DRINK, JUG HARD CIDER, TURNING 9

1889 JANUARY 2ND -SISTER IGNATIA BORN, BALLYHANE IRELAND

1894 DR. BOB ENTERED ST. JOHNSBURY ACADEMY, CALVIN COOLIDGE 30TH PRESIDENT ATTENDED; BILL'S PARENTS MARRIED; SEPTEMBER -GILLY WILSON MARRIED EMILY GRIFFIN, BILL'S PARENTS

1895 NOVEMBER 26TH - BILL BORN EAST DORSET VERMONT, SMALL ROOM BEHIND BAR

1898 DR. BOB GRADUATED ST. JOHNSBURY ACADEMY ENTERED DARTMOUTH COLLEGE; DOROTHY BREWSTER WILSON, BILL'S SISTER BORN

1902 VARIETIES RELIGIOUS EXPERIENCE PUBLISHED, WILLIAM JAMES WROTE; DR. BOB GRADUATED DARTMOUTH COLLEGE; E.B. WATSON CLASS PRESIDENT DARTMOUTH DR. BOB'S CLASS

1902-1904 Dr. Bob employed by Fairbanks Morse, St. Johnsbury scales manufacturing company

1903 BILLS FAMILY MOVES RUTLAND VERMONT, FATHERS WORK

1904 Dr. Bob worked short time Filene's department store

1904–1905 BILL'S FATHER DESERTS FAMILY, BILL (AGE 10 OR 11) & SISTER WENT TO LIVE WITH GRANDPARENTS, FALL –DR. BOB ENTERED UNIVERSITY MICHIGAN PRE-MEDICAL STUDENT, AGE 26

1906 BILL'S PARENTS, EMILY & GILMAN WILSON, BILL & SISTER EMILY & MOTHER MOVE BACK EAST DORSET FROM RUTLAND VERMONT

1907 Spring -Dr. Bob tries geographic cure on farm year, Summer -Bill's grandfather says only Australians make boomerang, Fall -Dr. Bob forced leave University Michigan drinking went Rush University near Chicago

1908 SEED OXFORD GROUP PLANTED IN FRANK BUCHMAN, NATIVE ALLENTOWN PENNSYLVANIA, HAD REMARKABLE SPIRITUAL TRANSFORMATION, BEEN RUNNING HOME ORPHAN BOYS PHILADELPHIA, RESIGNED BITTER DISPUTE TRUSTEES, SAILED ENGLAND, DRIFTED RELIGIOUS CONFERENCE KESWICK, SALVATION MEMBER'S INSPIRING SERMON PROFOUND EFFECT, MADE AMENDS FORMER TRUSTEES BROUGHT GREAT RELIEF & JOY, SHARED THIS, BEGAN SEE PERSONAL SPIRITUAL CHANGE WAY HEALING WORLD; DR. FRANK BUCHMAN & DR. SAM SHOEMAKER MET CHINA; 1ST CENTURY CHRISTIAN FELLOWSHIP STARTED, LATER BECAME OXFORD GROUP, SPRING OR EARLY SUMMER -BILL MET CLOSET FRIEND, MARK WHALON, FEBRUARY -BILL MADE BOOMERANG, THAT NIGHT GRANDFATHER GAVE BILL CLARENCE'S VIOLIN

1910 Dr. Bob receives medical degree Rush University age 31, received highly coveted 2 year internship City Hospital 1910-1912 Dr. Bob's internship City Hospital, no problem with drinking; Bill said happiest time life

1911 SUMMER -1ST TIME BILL SAW FATHER SINCE AUTUMN 1905 WHEN LEFT FAMILY

1912 DR. BOB AGE 33 STARTED MEDICAL PRACTICE 2ND NATIONAL BANK BUILDING AKRON UNTIL 1948; LOIS GRADUATED PACKER INSTITUTE BROOKLYN, SUMMER-EARLY FALL -1 HAPPIEST, MOST ECSTATIC PERIODS BILL'S LIFE, NOVEMBER 18TH -BILL'S CHILDHOOD SWEETHEART BERTHA BAMFORD DIED, NOVEMBER 19TH -BILL LEARNED SCHOOLS CHAPEL FROM BURR & BURTON PRINCIPAL, CHILDHOOD SWEETHEART BERTHA BAMFORD DIED

1912-1915 PERIOD DEPRESSION BILL FOLLOWING CHILDHOOD SWEETHEART BERTHA BAMFORD'S DEATH

1913-1914 School year, Bill went live with mother & sister Dorothy Arlington Massachusetts, Fall/Winter -Bill attended special courses Arlington High prepare Massachusetts Institute Technology

1914 EARLY -JUDGE SMITH DISPATCHED DOCTOR ST. JOHNSBURY INSTRUCTIONS BRING DR. BOB ST.JOHNSBURY, STAYED 2 MONTHS, SUMMER -BILL & LOIS MEET, MID SUMMER -EUROPE VERGE WAR, AUGUST -BILL SEES FATHER 1ST TIME 8 YEARS, BRITISH COLUMBIA, SEPTEMBER -BILL AGE 19 ENTERS NORWICH UNIVERSITY MILITARY COLLEGE, FRESHMAN

1915 DR. BOB & ANNE RIPLEY MARRIED; T. HENRY WILLIAMS CAME AKRON, SUMMER -BILL PEDDLING KEROSENE LAMP BURNERS, LOIS OPENED SMALL TEA ARBOR NORTH END EMERALD LAKE, BILL & LOIS BURNHAM ENGAGED KEPT SECRET EXCEPT BILL'S FRIEND MARK WHALON, JANUARY 25TH -DR. BOB & ANNIE MARRY 17 YEARS AFTER MEETING, SEPTEMBER 11TH -BILL & LOIS ENGAGED

1916 BILL SUSPENDED NORWICH COLLEGE DUE PARTICIPATION HAZING SITUATION; BILL'S 1/2 SISTER BORN, FEBRUARY -HAZING INCIDENT NORWICH UNIVERSITY, BILL ONLOOKER, BILL & SOPHOMORE CLASS SUSPENDED, JUNE, EARLY -BILL & SOPHOMORE CLASS REINSTATED FROM FEBRUARY HAZING SUSPENSION

1917 BILL PASSES ARMY'S PHYSICAL EXAMINATION, BILL CALLED UP; TAKES 1ST DRINK BRONX COCKTAIL AT GRINNELLS', NEVER GRADUATES NORWICH UNIVERSITY, JANUARY –LOIS TAUGHT AUNTS MARION'S SCHOOL, SUMMER –BILL COMPLETED TRAINING FORT MONROE VIRGINIA, BECAME 2ND LIEUTENANT ARMY ARTILLERY, 1ST ASSIGNMENT FORT RODMAN MASSACHUSETTS

1918 18TH AMENDMENT PASSED [PROHIBITION]; DR. BOB'S FATHER DIED; BILL STATIONED FORT ADAMS, LAST STOP BEFORE EMBARKATION, EARLY – U.S. FULLY AT WAR, SUMMER –DR. FRANK N. D. BUCHMAN SAW 1ST HOUSE PARTY CALLING CHINA, BECAME OXFORD GROUP TECHNIQUE, JANUARY –DR. FRANK N. D. BUCHMAN SAMUEL M. SHOEMAKER MEET PEKING; LOIS LEFT AUNT MARIAN'S SCHOOL, JANUARY 24TH –BILL & LOIS MARRIED SWEDENBORGIAN CHURCH BROOKLYN, FEBRUARY 1ST – ORIGINAL WEDDING DATE BILL & LOIS, CHANGED JANUARY 24 DUE WAR, FEBRUARY 15TH – DAUGHTER SUZANNE SMITH WINDOWS BORN, JUNE 5TH –DR. BOB'S SON ROBERT RIPLEY SMITH BORN, JULY –THOUGHT LOIS PREGNANT, NOT, JULY 17TH –LAST NIGHT BILL & LOIS TOGETHER BEFORE BILL SAILED OVERSEAS, JULY 18TH –BILL SAILED FROM BOSTON ON LANCASHIRE WITH 66TH C.A.C. 5 MONTHS LEFT WWI, JULY 20TH –BILL'S 1ST DRINK BRANDY BOARD SHIP LANCASHIRE, NOVEMBER 18TH –WWI ENDED

1919 MARCH -BILL SAILED BORDEAUX BOARD S.S. POWHATAN TO NEW YORK HARBOR, MAY -BILL DISCHARGED ARMY CAMP DEVENS, WILSON'S SETTLE BROOKLYN

1920'S BILL PURSUED DREAMS WEALTH; LATE, DR. BOB WENT QUITE OFTEN ST. THOMAS HOSPITAL

1920 JANUARY 17TH -18TH AMENDMENT LAW, FEBRUARY -LOIS WORKING RED CROSS OCCUPATIONAL THERAPY AID BROOKLYN NAVAL HOSPITAL; BILL & LOIS MOVE 1 ROOM APARTMENT STATE STREET

1921 FRANK BUCHMAN PENNSYLVANIAN LUTHERAN MINISTER STARTED OXFORD GROUP AFTER SPIRITUAL EXPERIENCE TRAVELING SCOTLAND; BILL'S GRANDMOTHER ELLA BROCK DIED; BILL TOOK THOMAS EDISON'S EMPLOYMENT TEST, PASSED DECLINED WORK; 1ST EXPOSURE WALL STREET INVESTIGATIVE WORK UNITED STATES FIDELITY & GUARANTY COMPANY; LOIS 1ST SERIES MISCARRIAGES; BILL & LOIS MOVE APARTMENT AMITY STREET, FEBRUARY -LOIS GOT ANOTHER JOB BELLEVUE HOSPITAL UNTIL SEPTEMBER 1922

**1922 BILL & LOIS MOVE APARTMENT AMITY STREET; EBBY'S FAMILY BUSINESS FAILED, JULY -LOIS 2ND ECTOPIC PREGNANCY** 

1923 SMITH'S ADOPT SUZANNE SMITH, AGE 5 SAME AGE SON, MAY -LOIS'S 3RD ECTOPIC PREGNANCY, BILL OFTEN TOO DRUNK VISIT HOSPITAL, CHRISTMAS -BILL VOWED STAY SOBER 1 YEAR, LASTED 2 MONTHS

1924 BILL'S SUBSTITUTE FATHER, GRANDFATHER GARDNER FAYETTE GRIFFITH DIED; BILL FINISHED LAW SCHOOL, FEBRUARY -BILL VOWED NO MORE DRINKING (B 141)

1925 April -Wilson's start motorcycle trip 3-wheeler Harley-Davidson

1925-1929 BILL'S SUCCESS SECURITIES ANALYST MARRED WORSENING DRINKING PROBLEM

1926 BILL'S DRINKING DISCUSSED BUSINESS CONFERENCES FRANK SHAW, JUNE - FORTUNE THREW MONEY APPLAUSE BILL'S WAY

1927 SUMMER -BILL & LOIS ON-SITE INVESTIGATION CUBAN SUGAR; RENTED EXPENSIVE 3 ROOM APARTMENT 38 LIVINGSTON STREET NEW YORK NOT BIG ENOUGH RENTED 1 BESIDE MAKE LARGER, END 27' -BILL VERY DEPRESSED, SIGNED LOIS ALL RIGHTS, TITLES & INTEREST

1928 DR. BOB MET SISTER MARY IGNATIA ST. THOMAS HOSPITAL; BILL, STAR AMONG WALL STREET ASSOCIATES; 1ST CENTURY CHRISTIAN FELLOWSHIP RENAMED OXFORD GROUP; BILL & LOIS MOVE NEW APARTMENT LIVINGSTON STREET, KNOCKED DOWN WALLS MAKE BIGGER; BILL'S BROTHER-IN-LAW DR. LEONARD STRONG GAVE BILL PHYSICAL EXAMINATION, CONFRONTED BILL DRINKING, OCTOBER 20TH – BILL WROTE PROMISE FAMILY BIBLE QUIT DRINKING

1928-1939 SISTER IGNATIA WORKED WITH ALCOHOLICS AKRON

1929 BILL BROKE FRIEND & BENEFACTOR FRANK SHAW; DR. SILKWORTH LOSES LIFE'S SAVINGS; BILL, EBBY, PILOT CHARTED AIRPLANE FLEW INTO NEW AIRFIELD MANCHESTER VERMONT, DELEGATION MET THEM, THEY DRUNK, EARLY 29' -1ST TIME BILL & EBBY DRANK TOGETHER, JANUARY -BILL WROTE PROMISE FAMILY BIBLE QUIT DRINKING, MAY -DR. BOB SURGEON PROCTOLOGIST, OCTOBER -STOCK MARKET CRASH, BILL \$60,000 DEBT, DECEMBER -BILL & LOIS MOVE CANADA WORK FRIEND DICK JOHNSON

1920'S LATE DR. BOB GOING OFTEN ST. THOMAS HOSPITAL; WILSON'S ENJOYED AFFLUENCE

1930'S EARLY SISTER IGNATIA SECRETLY HOSPITALIZING ISOLATED CASES ALCOHOLICS; DOUBLE STANDARDS MEN & WOMEN ALCOHOLICS, JOE HIRSHHORN FINANCIER HIRED BILL ANALYZE & EVALUATE COMPANIES

#### 1930-1933 BILL'S DRINKING PREVENTS FINANCIAL COMEBACK AFTER 1929 CRASH

YEAR BILL & LOIS MOVE CANADA, SMALL APARTMENT GERALD STREET, JOB, BILL'S FRIEND CANADIAN DICK JOHNSON LET HIM GO DUE DRINKING; WILSON'S TAKEN IN LOIS'S PARENTS; DR. SILKWORTH ARRIVES TOWNS HOSPITAL; ROWLAND HAZARD VISITED CARL JUNG, EARLY FALL -FIRM GREENSHIELDS & COMPANY CANADA LET BILL DUE DRINKING, MAY -BILL & LOIS MOVED HANDSOME, EXPENSE APARTMENT COTES DES NEIGES; BILL STARTED NIPPING MORNING, SEPTEMBER -BILL WROTE PROMISE FAMILY BIBLE QUIT DRINKING, DECEMBER 25TH -BILL RETURNED CANADA, MOTHER-IN-LAW DIED BILL TO DRUNK ATTEND FUNERAL

1931 BILL ENTERS HELPLESS DRINKING PHASE; WIFE JOB MACY'S DEPARTMENT STORE; ROWLAND H. JOINS OXFORD GROUP, MAY -LOIS START WORK R.H. MACY (B 174) (P 90)

1932 ANNE SMITH BEGAN ATTENDING OXFORD GROUP MEETINGS WITH FRIEND HENRIETTA SEIBERLING; RECEIVED GUIDANCE HAVE SPECIAL OXFORD GROUP MEETING DR. BOB'S DRINKING, LATE 32' -CALLED HENRIETTA SEIBERLING REFERENCE DR. BOB'S DRINKING, APRIL 8TH -BILL, AUTHOR WHEELER, FRANK WINANS FORMED LONG-TERM SPECULATIVE SYNDICATE BASED ON BILL NOT TAKING EVEN 1 DRINK, MAY, MID -BOUND BROOK NEW JERSEY SMALL HOTEL, BILL DRANK JERSEY LIGHTING APPLEJACK, LEARNED NEVER WAS, WOULD BE JUST 1 DRINK, BLEW DEAL LONG-TERM SPECULATIVE SYNDICATE ARTHUR WHEELER, FRANK WINANS, BILL NOW DRANK SIMPLY ESCAPE & BLOCK FROM MIND WHAT HE DID

1933 BILL & JOE HIRSHHORN BREAK DUE BILL'S DRINKING; BILL'S LAST CHANCE WALL STREET; LOIS TAKES 3 MONTH LEAVE ABSENCE MACY'S; DR. BOB STARTED ATTENDING OXFORD GROUP; PRESIDENT ROOSEVELT DECLARED MORTGAGE MORATORIUM, ALLOWED PEOPLE STAY HOUSES EVEN COULDN'T MAKE PAYMENTS; DR. BOB BEGAN GOING OXFORD GROUP MEETINGS COPE WITH ALCOHOLISM; BILL RENEWED CHILDHOOD PAST TIME READING, EARLY 33' -BEER LEGAL, DR. BOB TRIED BEER EXPERIMENT, AUTUMN -BILL ENTERS TOWNS HOSPITAL 1ST TIME; OBLIVION DRINKING, DECEMBER 5TH -PROHIBITION ENDED

1933-1934 BILL ADMITTED CHARLES B. TOWNS HOSPITAL 4 TIMES, BILL'S MEMORIES TOTALLY DISORDERED

1934 Dr. Bob appointed courtesy staff St. Thomas Hospital Akron; Dr. Thomas Scuderi YOUNG INTERN MEDICAL DIRECTOR IGNATIA HALL, ALCOHOLIC WARD ST. THOMAS HOSPITAL; SISTER IGNATIA & DR. SCUDERI SECRETLY TREATED A.A. #3 LAWYER, SUMMER -DR. SILKWORTH PRONOUNCES BILL HOPELESS ALCOHOLIC, EARLY FALL -LOIS WORKING DRAPERY DEPARTMENT LOESSER'S BROOKLYN, MARCH -LOIS QUIT JOB MACY'S, DIDN'T WANT ASK ANOTHER LEAVE ABSENCE, MAY -LOIS'S FATHER REMARRIES, JULY -EBBY TRYING COMPLETE PAINT JOB, TOLD ARRESTED AGAIN DRUNKENNESS 6 MONTHS WINDSOR PRISON, AUGUST -ROWLAND H. & CEBRA G. FROM OXFORD GROUP INTERVENE WITH JUDGE, SOBER UP EBBY, SEPTEMBER -BILL BACK TOWN'S HOSPITAL, 3RD TIME, NOVEMBER -EBBY PHONED BILL, ASKED TO STOP BY HAVEN'T SEEN EACH OTHER 1 YEAR, EBBY SOBER, 2 NIGHTS LATER EBBY & BILL SAT TOGETHER BILL'S KITCHEN 182 CLINTON STREET, EBBY TOLD ABOUT HIMSELF & OXFORD GROUP, GOT BILL MEETING OLD CALVARY CHURCH GROUP NEW YORK; BILL WENT 1ST TIME SAM SHOEMAKER CALVARY CHURCH MISSION, NOVEMBER 11TH -Armistice Day; Bill started drinking after dry spell, beginning Bill's last drunk, NOVEMBER, AROUND 26TH -EBBY VISITED BILL, DECEMBER -BILL INVESTIGATES CALVARY EPISCOPAL MISSION 23RD STREET, NEW YORK DR. SAM SHOEMAKER'S CALVARY CHURCH OPERATED; HOWARD TOMPKINS BEER & COMPANY SENT BILL GLOWING LETTER ENCOURAGEMENT CONCERNING SOBRIETY, DECEMBER 11TH -BILL'S LAST DRINK 4 BEERS, MONTH TO DAY SINCE STARTED, ENTERED TOWNS

HOSPITAL 4TH TIME YEAR, RECEIVED THEN-CURRENT TOWNS TREATMENT [BARBITURATES SEDATE & BELLADONNA REDUCING STOMACH ACIDS], HAS SPIRITUAL EXPERIENCE 39 YEARS OLD, RELEASED OBSESSION DRINK, DECEMBER 13TH OR 14TH -EBBY VISITED BILL HOSPITAL, EXPLAINED OXFORD GROUP PRINCIPLES, BROUGHT WILLIAM JAMES'S BOOK, VARIETIES RELIGIOUS EXPERIENCE, EBBY DIDN'T READ, OXFORD GROUP MEMBERS RECOMMENDED, DECEMBER 18TH -BILL DISCHARGED 4TH LAST HOSPITALIZATION TOWNS HOSPITAL 2:30PM; BILL & LOIS START ATTENDING OXFORD GROUP MEETINGS CALVARY HOUSE ADJACENT CALVARY EPISCOPAL CHURCH, DR. SAM SHOEMAKER RECTOR; LEADING OXFORD GROUP FIGURE

1934, DECEMBER-1935 MAY -BILL WORKS ALCOHOLICS FAILS SOBER ANY UP

1934, LATE-1937 WILSON'S ATTENDED OXFORD GROUP MEETINGS CALVARY CHURCH, ATTENDED HOUSE PARTIES

1935 -DR. BOB CONFESSED DRINKING PROBLEM OXFORD GROUP BEFORE MEETING BILL, EARLY 35' -BILL PREACHED OXFORD GROUP MESSAGE, NO 1 SOBERED UP, SPRING -T. HENRY WILLIAMS LOST CHIEF ENGINEER JOB NATIONAL RUBBER MACHINE COMPANY, FALL -BILL & LOIS BEGAN WEEKLY MEETINGS TUESDAY NIGHTS 182 CLINTON STREET; 2ND A.A. GROUP FORMED NEW YORK, NEAR END 35' -ALCOHOLICS LIVING CALVARY MISSION INSTRUCTED NOT ATTEND MEETINGS CLINTON STREET, END 35' -A.A. HAD 5 MEMBERS

APRIL -DR. SILKWORTH TOLD BILL QUIT PREACHING AT DRUNKS RELIGION USUALLY FILLS THEM GUILT OR REBELLION & SAID TELL THEM OBSESSION & ALLERGY; BILL RETURNED WALL STREET APRIL 1935, GOT INVOLVED PROXY FIGHT CONTROL SMALL MACHINE-TOOL FACTORY AKRON

MAY 10TH -BUSINESS DEAL BROUGHT BILL AKRON, ATTEND ANNUAL STOCKHOLDERS MEETING SMALL MACHINE-TOOL FACTORY, LOST PROXY FIGHT; CALLED DR. WALTER TUNKS EPISCOPALIAN MINISTER FROM MAYFLOWER HOTEL GET DRUNK TALK WITH, TALKED HENRIETTA SEIBERLING PUT HIM TOUCH DR. BOB

MAY 11TH -DR. TUNKS GIVES BILL HENRIETTA SEIBERLING PHONE, SHE RECEIVED CALL FROM BILL

MAY 12TH -BILL & DR. BOB MEET

JUNE -BILL 1ST OVERNIGHT SMITHS A.A. GUEST

JUNE 1ST WEEK -AMERICAN MEDICAL ASSOCIATION CONVENTION, DR. BOB NOT MISSED ONE IN 20 YEARS, JUNE 10TH -DR. BOB'S LAST DRINK, BEER; A.A. BORN 855 ARDMORE AVENUE; CELEBRATED FOUNDER'S DAY AKRON

JUNE 28TH -A.A. #3, ATTORNEY; HIS WIFE & DR. BOB'S WIFE MET; BILL & DR. BOB MEET BILL D.

JUNE 29TH -LOIS GOES AKRON, SPENDS WEEK WITH SMITHS, JUNE LATE -DR. BOB CALLS AKRON CITY HOSPITAL LOOKING DRUNK HIM & BILL WORK ON, JULY -LOIS CAME AKRON 2 WEEK VISIT

JULY 4TH -BILL D., A.A. #3 LEFT HOSPITAL (P 154)

AUGUST, END -4 A.A.'S, 5 COUNTING PHIL S. BILL RETURNED NEW YORK FROM AKRON

LATE AUGUST OR EARLY SEPTEMBER -PHIL S., A.A. #5 CAME IN, NOVEMBER 19TH -EBBY STAYS 182 CLINTON STREET, DECEMBER -BILL ATTENDED 1ST OXFORD GROUP HOUSE PARTY RICHMOND VIRGINIA (L 103) 1935 HANK & FITZ JOINED WILSON'S OXFORD GROUP MEETINGS, CALVARY CHURCH & NUMBER OXFORD GROUP HOUSE PARTIES

1935-1940 PERIOD CONCERNED LEARNING GET SOBER, CREATING TEXT BOOK & PUBLISHING BUSINESS OFFICE & BOARD TRUSTEES GUIDANCE

1936 CHARLIE TOWNS OWNER TOWNS HOSPITAL OFFERED BILL JOB LAY THERAPIST, BILL TOLD GROUP THUS 1 A.A.'S 1ST GROUP CONSCIENCES DERIVED; EBBY SLIPPED AFTER 2 YEARS 7 MONTHS DRANK HEAVY LONG TIME LATER; BILL'S MOTHER 2ND HUSBAND DIED; GROUPS OLDEST DR. BOB, SAID, WHAT WOULD THE MASTER DO? WHEN GROUP DECIDING LET VICTIM ANOTHER ADDICTION JOIN; RUTH HOCK CAME WORK BILL & HANK P., OFFICE 17 WILLIAM STREET NEWARK

EARLY 36' -DR. BOB'S WIFE ORGANIZED WIVES GROUP

MIDDLE 36' -SMALL & SOLID A.A. GROUP DEVELOPING BILL'S HOUSE

FALL -BILL & HANK FORM SMALL COMPANY SHARING INC RAISE MONEY HONOR DEALERS PROJECT

END 36' -A.A. HAD 15 MEMBERS

JANUARY -PAUL S. EARLY AKRON A.A. MEETS DR. BOB

FEBRUARY 23RD -BILL PERSUADED LOIS QUIT JOB LOESER'S DEPARTMENT STORE

MARCH -A.A. HAD 10 MEMBERS (A 302)

APRIL 26TH -WILSON'S FORCED OUT 182 CLINTON STREET MORTGAGE COMPANY SOLD IT, IN BURNHAM FAMILY 1/2 CENTURY, WENT HANK & WIFE'S LIVE; LIVED VAGABONDS NEXT 2 YEARS, 1ST 1 A.A. FAMILY, THEN ANOTHER, AROUND 50 FAMILIES

April 26th, soon after -Sunday meeting held Hank's & Kathleen's

JUNE -OXFORD GROUP HEIGHT 10,000 PEOPLE FLOCKED BERKSHIRES, ATTEND STOCKBRIDGE MASSACHUSETTS MEETING, 10 DAY AFFAIR; BILL & LOIS ATTEND OXFORD GROUP HOUSE PARTY STOCKBRIDGE;

AUGUST -NEW YORK WORLD TELEGRAM PUBLISHED ARTICLE DR. FRANK BUCHMAN CHARGING PRO-NAZI, VINDICATED, SEPTEMBER -J.H.D. JOINED A.A.; LOIS'S FATHER DR. BURNHAM DIED

OCTOBER -BILL C. YOUNG CANADIAN ALKIE, FORMER ATTORNEY, COMPULSIVE GAMBLER, STAYED BILL'S HOUSE NEARLY YEAR, COMMITTED SUICIDE, GAS STOVE

NOVEMBER 18TH -EBBY CAME LIVE WILSON'S,

DECEMBER -BILL MET CHARLIE TOWNS & ASSOCIATE DR. ALEXANDER LAMBERT, ASKED WORK TOWNS HOSPITAL; BILL & LOIS ATTEND OXFORD GROUP HOUSE PARTY POCONOS PENNSYLVANIA; 1ST GROUP CONSCIENCE

1936-1937 last time Bill serious effort reestablish himself securities field

1936-1942 RUTH HOCK BILL'S SECRETARY

# Rule 62

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Prayer for Day: Dear God, so far I have done alright. I haven't gossiped. I haven't lost my temper. I haven't been grumpy, nasty, or selfish. But in a few minutes I am going to get out of bed. From then on I am going to need a lot of help. Thank you. Amen ddty.com



"You're fired, Jack. The lab results" just came back, and you tested positive for Coke."



Sep 15 @ 8:00 am Fall Assembly @ Lord of Life Lutheran Church 40W605 IL-38 Elburn, IL

**Sep 14 – Sep 16** 2018 National AA Technology Workshop @ Wingate by Wyndham Round Rock Hotel, Round Rock TX. Contact 2018.naatw.org for more information.

Sep 22 @ 10:00 am – 12:00 pm H.O.W. workshop @ Christ Church of Oakbrook. 501 Oak Brook Rd. Oak Brook IL

**Sept 28-30** 22nd National AA Archives Workshop. Contact Rosemary @ chicagoarchives1939 or call 708-403-0840. See page 6 of Concepts for more information

**Oct 13** @ Fall Committee Meeting @ Lord of Life Lutheran Church 40W605 Il Route 38, Elburn, IL

Oct 27 @ 10:00 am – 12:00 pm Hidden Promises Workshop @ Christ Church of Oakbrook, 501 Oak Brook Rd. Oak Brook IL

**Oct 27** @ 1:00 pm – 3:00 pm NIA 20 Corrections Workshop @ Bartlett Nature Center. James Pate Philip State Park 2050 W Stearns Rd, Bartlett, IL

Nov 3 Big Book Conference – PRECISELY HOW WE HAVE RECOVERED @ Bethel Baptist Church 1196 N Academy Street (Fremont & Academy) Galesburg, IL mailing address: 2018 NIA Big Book conference Po box 716 Galesburg IL 61402-0716, For more details or to register online: <u>http://aania.org/bigbookconference</u>

Nov 16 – 18 29th Annual McHenry's Soberfest @ Grand Geneva Resort. Dale H. (815) 585 3719 or Mike B (224) 548 0466

Nov 17 Kankakee Mini-Conference @ Civic Auditorium. 803 S. 8th Street, Kankakee, IL 60901. 9 am registration. Kris S. (815) 386-0309 or Mike R. (815) 929-1853. Tickets \$10.

**Dec 8** Winter Assembly @ Lord of Life Lutheran Church. 40W605 Il Route 38, Elburn, Illinois. 8 am registration